

CASE STUDY

Alumni - Jessica Panesar



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Why I came to AE Tuition

I attended AE Tuition in Years 4 and 5 to prepare for the 11+ exams. Initially, I lacked confidence in maths and verbal reasoning, and struggled with time management and maintaining focus. This made me anxious about the exams and grammar school.

My parents also had their struggles of being unfamiliar with the complex 11+ process. They knew that AE Tuition could provide the necessary support and guidance that was very much needed.

What I experienced as a pupil at AE Tuition

The weekly sessions were structured and very engaging. The teachers were approachable and made time to explain difficult concepts. Classroom assistants were always on hand to offer guidance, ensuring no one felt left behind. Their encouragement motivated me to push through any struggles I faced.

I particularly enjoyed the timed exercises with tests every week, which helped me manage my exam anxiety. A minor downside was the intensity of the sessions and homework, as it sometimes felt a lot to balance with schoolwork, but I devised a routine to keep me on track.

My teacher was great at motivating us. A fond memory I have is of a game we played of who could earn the most stickers for good work. This was so much fun to play with the other children in my group and helped me to get to know them.

What I found challenging

The homework was challenging but effective. It reinforced what I had learned in class and allowed me to identify and address my weaker areas. My parents found the homework structure clear and appreciated the progress reports provided by the tuition centre, which kept them updated on my development.



My experience of taking the 11+ exams

When it was time for the exams, the initial feeling was anxiety, but with AE Tuition I felt prepared and confident. The practice mock exams at the tuition centre closely resembled the actual exams, which helped reduce my anxiety on the day. I successfully passed my 11+ exams and obtained a place at my first-choice grammar school.

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Where am I now

I am currently pursuing higher education in Psychology at the University of West London, consistently achieving first-class grades. Additionally, I received the award for Psychology Student Representative of the Year. I am on track to achieve my long-term objective of establishing a career in the field of psychology. My aspiration is to become a clinical psychologist following the completion of a master's degree in Clinical Psychology.

Looking back at my AE Tuition days

I wouldn't have passed my 11+ exams or been ready for grammar school without AE Tuition. The structured lessons, regular feedback and targeted homework were crucial. Besides academic skills, I gained time management and organisational skills and learned how to stay calm under pressure (this was vital for me). These skills have been invaluable in grammar school and university and will continue to be so in my career.

